APPETIZERS

Fried Calamari 15

Lightly battered and flash fried served with marinara sauce

Coconut Shrimp 17

Panko breaded coconut flakes, served w/ sweet chili sauce

F & O Wood Fire Wings (6) 10 (12) 18

Served with focaccia bread served in choice of flavor: Original w/ Caramelized Onions, Buffalo, Sweet Chili, Honey Garlic

F & O Mozzarella Sticks (6) 11

Lightly breaded, served w/ marinara sauce

Burrata & Eggplant Neapolitan 16

Burrata, crispy eggplant, roasted peppers, tomato, arugula, aged balsamic, basil, olive oil

Roasted Cauliflower 11

Honey, butter, parmesan cheese

F & O Mac n Cheese 13

Our signature cheese blend w/ herb garlic panko

Fried Ravioli 10

Served w/ marinara sauce

Garlic Knots (6) 4

Freshly made served w/ marinara sauce

Wood Fired Meatballs 12

Wood fired served w/ marinara sauce and ricotta cheese

Garlic Hand Cut Truffle Fries 9

Garlic, fresh oregano, parmesan and truffle oil served with lemon garlic aioli

Wood Fired Garlic Bread 11

Roasted garlic, oregano, pecorino Romano • Add Mozzarella 3

CALZONES & PIZZA ROLLS

Cheese Calzone 7

Add (1) topping 2 Add (2) toppings 3

Mini Pepperoni Roll (1) 2 (3) 5

Pepperoni Roll 8

Spinach Roll 8

Sausage & Peppers Roll 8

Chicken Roll 8

F & O Roll 9

Stuffed w/ fresh mozzarella, sun-dried tomatoes, spinach, and broccoli

GARLIC KNOT SLIDERS

Meatball Parmigiana 6 (3) 16

Chicken Parmigiana 6 (3) 16

Eggplant Parmigiana 6 (3) 16

Shrimp Parmigiana 7 (3) 19

Philly Cheesesteak 7 (3) 19

SALADS

Garden Salad 10

Mixed greens, grape tomatoes, cucumbers, olives, red cabbage, served with house dressing

Cobb Salad 12

Crisp romaine, grape tomatoes, avocado, crumbled blue cheese, apples, crispy bacon, served with house dressing

Iceberg Wedge Salad 12

Crisp iceberg lettuce, grape tomatoes, crispy bacon, red onions, crumbled blue cheese, and creamy blue cheese dressing

Caesar Salad 11

Crisp romaine, house made croutons, shaved Parmesan cheese, and creamy Caesar dressing

F&O Salad 12

Baby arugula, grape tomatoes, red onions, candied walnuts, shaved Parmesan cheese, and balsamic vinaigrette

Greek Salad 12

Crisp romaine, black olives, grape tomatoes, cucumbers, roasted peppers, feta cheese, and balsamic vinaigrette

Add
Grilled Chicken 6
Chicken Cutlet 6
Shrimp 7
Salmon 7

BURGERS

All of our burgers are comprised of an 8oz patty of beef short rib, brisket & chuck blend

Classic Burger 11

Lettuce, tomato, pickles, served on a brioche bun

Bacon Cheese Burger 14

American cheese, maple wood bacon, pickles, lettuce, tomato, served on a brioche bun

Chicken Burger 11

Lettuce, tomato, pickles, served on a brioche bun

Blue Burger 14

Maplewood bacon, melted bleu cheese, and chipotle mayo served on a brioche bun

F & O Burger 14

Fresh mozzarella, grilled onions, sautéed mushrooms, lettuce, tomato, chipotle mayo, served on a brioche bun

Add Cheese 1.50 Add Fresh Cut Fries 3 Add Onion Rings 4

HEROES

Chicken Parmigiana 13

Eggplant Parmigiana 12

Meatball 12

Meatball Parmigiana 13

Sausage & Peppers 13

Shrimp Parmigiana 14

Philly Cheesesteak 16

Grilled Chicken w/ Broccoli Rabe 13

Grilled Chicken Supreme 14 Sautéed mushrooms, onions & melted Swiss cheese

WRAPS & PANINIS

The Jackson 13

Grilled chicken, lettuce, tomato, fresh mozzarella, chipotle mayo

Tone the Goat 14

Grilled chicken, fresh mozzarella , sautéed broccoli rabe

F&O 14

Chicken cutlet, fresh mozzarella, prosciutto, roasted peppers, arugula and aged balsamic

The Jake 13

Chicken cutlet, mozzarella, chipotle mayo, red onions and arugula

Caprese 12

Tomato, fresh mozzarella, arugula and aged balsamic

The Luke 13

Chicken cutlet, mozzarella, San Marzano tomato sauce, parmesan, basil and EVOO

The Nicholas 13

Grilled chicken, pesto, melted fontina, roasted red peppers and aged balsamic

Wood Fired Vegetable 12

Eggplant, zucchini, roasted peppers, mozzarella and aged balsamic

The Thomas 14

Crispy eggplant, fresh mozzarella, prosciutto, arugula, aged balsamic and EVOO

The Johnny 13

Grilled chicken, olives, tomatoes, romaine, red onion and feta cheese

The Xando 13

Grilled or crispy chicken, romaine, tomato, blue cheese and buffalo sauce

GOURMET PIZZA

Gourmet Slice 4 Sicilian Slice 4 Regular Slice 3

Cheese Pizza 11 • 14 • 17

Sicilian 21

Grandma Pizza 23

Bacon Chicken Ranch 13 • 17 • 23

BBQ Chicken 12 • 16 • 22

Buffalo Chicken 12 • 16 • 22

Chicken Scarp 13 • 17 • 23

Margherita Pizza 14 • 18 •22

Fresh mozzarella, fresh pomodoro, basil, olive oil, fresh garlic

The Goat 16 • 19 • 23

Sprinkled with garlic, topped with mozzarella cheese, fresh figs, homemade balsamic caramelized onions, goat cheese, and fresh arugula

Meat Lover 15 • 19 • 23

Topped with sausage, meatballs, pepperoni, fresh ground beef

Philly Cheesesteak 16 • 19 • 23

Topped with sautéed sliced steak, onions, American cheese

Primayera 16 • 19 • 23

Fresh sliced tomato, onions, mushroom, spinach, broccoli, peppers, zucchini, eggplant, basil, fresh garlic

White Pizza 15 • 19 • 23

Artichoke Pizza 15 • 19 • 23

Shrimp Scampi Pizza 16 • 20 • 24

Gluten Free Cauliflower Crust Cheese Pizza 21

WOOD FIRE PIZZA

All Wood Fire Pizzas come in Large and Personal Sized Pies

Margherita Pizza 18 Fresh mozzarella, fresh basil, EVOO	P.P.	14
The Gorg 20 Gorgonzola, spinach, caramelized onions	P.P.	16
Buffalo Chicken 21	P.P.	17
BBQ Chicken & Bacon 23	P.P.	19
Florentine 23 Chicken, bacon, and spinach	P.P.	19
Greek 21 Mozzarella, olives, caramelized onions, feta cheese,	P.P. fresh l	
Mushroom 21 Mushrooms, truffle oil	P.P.	17

CLASSIC TOPPINGS

(1) Topping 3 • Additional Toppings 2+ • Each Half Topping 2

Mushrooms, Olives, Peppers, Onions, Garlic, Pepperoni, Meatball, Ham, Extra Cheese, Sausage

GOURMET TOPPINGS

(1) Topping 4 • Additional Toppings 3+ • Each Half Topping 3 Artichoke hearts, Roasted Peppers, Fresh Spinach, Fresh Tomatoes, Eggplant, Black Olives, Jalapeños, Anchovies, Cherry Peppers, Sun-dried tomatoes, Bacon, Prosciutto

DESSERT PIZZA

Nutella Pizza 11 • 17

PASTA

Penne Vodka 17
Shallots, pancetta, vodka, tomato, basil, & cream

Spaghetti w/ Meat Balls 19

Rigatoni w/ Broccoli & Chicken 19 Sautéed in garlic and oil

Homemade Cheese Ravioli 17 Served in marinara sauce

Homemade Meat Ravioli 17 Served in marinara sauce

Homemade Lobster Ravioli 24 Ricotta cheese and lobster-filled ravioli served in a lobster meat pink brandy cream sauce

Baked Rigatoni 16

Homemade Lasagna 21

Fettuccine Carbonara 18
Bacon, onions, Parmesan cheese, in a cream sauce

Fettuccine Alfredo 18
Parmesan cheese and cream sauce

Pappardelle w/ Bolognese Sauce 22

Gluten Free Penne w/ Broccoli & Grilled Chicken 19 Sautéed in garlic and oil

Add Grilled Chicken 6 Add Chicken Cutlet 6 Add Shrimp 8

ENTREES

All entrees served with Salad, Pasta, or Vegetables

Chicken Francese 23

Egg battered chicken breast, lemon and white wine sauce

Chicken Marsala 23

Pan seared chicken breast, fresh mushrooms, Marsala wine sauce

Chicken Parmigiana 21

Homemade tomato sauce, fresh mozzarella

Chicken Scarpariello 24

House specialty chicken served with sausage, potatoes, hot or sweet cherry peppers in a garlic lemon and white wine sauce

Chicken Sorrentino 26

Boneless chicken breast topped with eggplant, prosciutto, mozzarella, in a light brown sauce

Shrimp Parmigiana 26

Lightly breaded and fried shrimp topped with tomato sauce, fresh mozzarella

Shrimp Scampi 26

Cooked in a garlic butter sauce

Shrimp Francese 26

Served in a lemon and white wine sauce

Eggplant Parmigiana 21

Thin slices of eggplant layered with tomato sauce and mozzarella cheese

CHEF'S SPECIALS

Served w/ Salad, Roasted Herb Garlic Potatoes & Sautéed Vegetables

Crispy Skin Salmon 34

Pan seared salmon topped with a pomegranate compound butter

16oz Wood Fired Prime NY Strip Steak 48

Wood fired in a cast iron skillet w/ fresh rosemary garlic butter

Double Cut Pork Chops (2) 34

Served with hot cherry peppers or vinegar peppers

Seafood Pasta 36

Baby clams, calamari, jumbo shrimp, served over fettuccine in a white wine sauce

KIDS MENU (12 & Under)

Pasta w/ Butter 8

Chicken Fingers & Fries 10

Mac n Cheese 10

Spaghetti & Meatball 10

Chicken Parmigiana w/Pasta 12

SIDES

Wood Fired Meatballs in Marinara Sauce	9
Fresh Cut Fries 6	
Onion Rings 7	
Sautéed Seasonal Vegetables 8	
Garlic Herb Roasted Potatoes 8	
Broccoli Rabe 8	