The Fit and Food Connection's

ANNUAL DAY OF WELLNESS

Farm to Table Fundraiser

SPONSORSHIP OPPORTUNITIES

The Fit and Food Connection's Annual Day of Wellness: Farm to Table event will take place on October 3rd from 3:00PM-6:00PM at our Project Sunflower Organic Garden as well as in several homes put on by our generous hosts. This event's over 100 guests will enjoy a healthy chef-prepared farm-to-table style menu featuring food from our garden and local partners, a signature cocktail, live music, and exciting raffle and auction items.

As we envision a world where people in under-served communities all have strong minds and healthy bodies, The Fit and Food Connection offers people living in food and fitness deserts access to free nutritious food, physical activities, educational workshops, and personal coaching to encourage and support healthy living. For this year's Annual Day of Wellness fundraiser, our goal is to raise \$7,000.00 to fund our free Food Access and Wellness Programs to support our growing client base.

We cannot meet our goal without the help of donors like you! Please consider becoming a sponsor—you'll be making a huge impact in making St. Louis a healthier community [Sponsorship level details can be found on the following page].

Every dollar given in support of our Farm to Table event goes straight to work in support of our mission and impact. Thank you in advance for your support and hope to see you at Annual Day of Wellness: Farm to Table!



For more information, please contact:

Rebecca Punselie, Fundraising and Operations Lead
The Fit and Food Connection
Rebecca@fitandfoodconnection.org
(314) 740-0709

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ANNUAL DAY OF WELLNESS

Farm to Table Fundraiser

October 3rd from 3:00PM - 6:00PM 4846 St. Louis Ave, Saint Louis, MO 63115

SPONSORSHIP LEVELS

Yes, I want to be a sponsor of the Annual Day of Wellness: Farm to Table event! Sponsorships may be made via check, credit card, or ACH. For check, just check sponsorship level below and mail your payment along with this form to the address below; for credit card or ACH, please contact our Fundraising and Operations Lead Rebecca Punselie at rebecca@fitandfoodconnection.org or (314) 740-0709.

Main Course Sponsor \$1,000

Dinner Sponsors will have an opportunity to promote your company throughout the evening and on our website and social media, will receive two tickets and will receive a free one-hour personalized workout or nutrition consultation from our CoFounder, Joy Millner, for you or your employees at work.

Dessert Sponsor \$500

Two tickets, your company name advertised on website and social media and recognition during the event.

Cocktail Sponsor \$250

Two tickets and your company name advertised on website and social media.



8816 Manchester Rd. #203 St Louis, MO 63144

Name:	
Address:	
City, State, Zip:	
Email address:	
Amt. enclosed for Sponsorship:	